

# HUIS MAERUA NEWSLETTER

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HUIS MAERUA  
*Maak 'n verskil.*

## P1

Fish & Chicken for the pantry

## P2

The responsibility of child welfare

## P3

A beautiful testimony

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# Thank you

## BLESSED TO BE A BLESSING

The holiday season once again highlighted the incredible generosity of our community. We extend our heartfelt thanks to everyone who supported Huis Maerua Children's Home through donations.

Because of your kindness, we were able to provide nutritious meals and maintain a safe, clean, and nurturing environment for the children in our care. Your support not only sustains daily life at Huis Maerua but also allows us to assist other organisations in need.



**While we are deeply grateful, our pantry still requires fish and chicken, and any support in this regard would be sincerely appreciated.**



Thank you for investing in the lives of vulnerable Namibian children. Your generosity brings dignity, nourishment, and hope — and makes a lasting difference.

MAXIMISE YOUR IMPACT,  
MINIMIZE YOUR TAXES



# OUR SHARED RESPONSIBILITY TO PROTECT VULNERABLE CHILDREN

- **Actively safeguard a child's well-being:** Protect vulnerable children from physical, emotional, sexual, and psychological harm through vigilance, supervision, and responsible care.
- **Ensure basic needs are met:** Advocate for and provide access to food, clothing, shelter, healthcare, education, and stability, recognising that these needs form the foundation of dignity and healthy development.
- **Recognise signs of abuse and neglect:** Be alert to changes in behaviour, emotional distress, fear, withdrawal, injuries, or regression that may indicate harm.
- **Respond and report concerns promptly:** Take action when something feels wrong; reporting is an act of protection that allows professional support and intervention.
- **Teach personal safety:** Educate children about boundaries, safe and unsafe situations, and empower them to speak up without fear or shame.
- **Provide emotional security:** Offer consistency, empathy, reassurance, and belief, helping children feel valued, safe, and supported.
- **Work collaboratively:** Partner with caregivers, professionals, schools, social services, and community organisations to strengthen the safety net around each child.
- **Prevent abuse through awareness:** Promote safe practices, accountability, and child-protection standards in all environments where children are present.
- **Support healing and recovery:** Ensure access to trauma-informed care, counselling, and long-term support for children and families affected by harm.
- **Uphold a universal duty of care:** Safeguarding children is everyone's responsibility—requiring courage, compassion, and commitment.
- **Create environments where children feel safe and heard:** Foster spaces where trust, protection, and hope can grow.



## YOUR RELIABLE PATH TO A SECURE FUTURE

Personal Insurance \* Commercial Insurance \* Tourism Insurance  
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### We've Got You Covered

At Seun Kesslau Insurance Brokers, we take a sensible approach to risk management and insurance. Serving Namibia with integrity, we protect what matters most to you, your family, and your business, for the long and short term.

**FOCUS ON TODAY. WE'LL SECURE YOUR TOMORROW.**



## DID YOU KNOW:

Interesting facts about Huis Maerua  
Children's Home

- **More than a home:** Huis Maerua is a place of healing, focusing on emotional recovery, stability, and trust.
- **Children with a voice:** Youth are encouraged to build confidence, take responsibility, and develop leadership skills.
- **Every story matters:** Each child arrives with a unique background, strengths, and potential.
- **Trauma-informed care:** Behaviour is met with understanding, compassion, and consistency.
- **Houseparents at the heart:** Daily care includes school support, guidance, comfort, and celebrating milestones.



## A VOICE FROM HUIS MAERUA

- Testimony

Many parents struggle with the economy while doing everything in their power to give their children the best possible life. Sometimes, despite their best efforts, it is simply not possible to do it alone. In those moments, parents are faced with one of the hardest decisions they will ever make: to seek help. Parents have pride and swallowing that pride to ask for help takes immense courage.

**Her story:** I lived in Huis Maerua for nine years, from the age of nine until eighteen. My mother made the toughest decision of her life when she asked for help, even though it meant placing me in a children's home. At the time, I could not understand how any parent could do that to a child. It was only later that I learned the truth behind her decision and the love that guided it.

Huis Maerua gave me the opportunity to be in school, to learn, and to follow my dreams. Hand in hand with my mom, they helped shape me into the woman I am today. We were given opportunities that many children never get. Some of the activities we were fortunate to experience included trips to the coast, attending concerts through the support of other sponsors, and going camping with our house parents. We were surrounded by caring, loving people and formed friendships that felt like family. Yes, we fought at times, but we always came back together as one.

While my mom and Huis Maerua taught me many valuable life lessons, today I feel truly blessed to have been part of the Huis Maerua family. Those years will stay with me forever. As I now step into a new chapter of my life—starting my own family, engaged to a wonderful man, working in a job that I love, and continuing my studies to pursue my dream in emergency health care—I carry those lessons with me every day, with deep gratitude.



## STAALTJIES VAN 'N MAATSKAPLIKE WERKER

- Deur anoniem

Ek sit die dag in my kantoor, met kop toegegooi onder administratiewe take wat die beroep op jou lessenaar gooi, toe die telefoon lui. 'n Welbekende geluid spring in my oor – die stem van 'n onstelde gemeenskapslid wat vertel van die leed van 'n kind: “Juffrou moet in haar welsynkar spring en uitjaag met spoed.”

So gesê, so gedaan. Juffrou spring in die kar en jaag uit na die area waar sy dienste lewer. So in die jaag weet Juffrou dat sy nou die versorger sal moet benader met 'n: “Ek kom Sussie se tas haal, want Sussie kan nie langer meer hier bly nie.”

Soos ek die donker huisie instap, kondig ek aan van die bekommerde telefoon tannie se oproep en die gevolge. My versoek is dat die versorger die tas gaan pak, maar laasgenoemde besluit om nie gehoor te gee nie.

In onse beroepskuif jy soms maar jou eie emosies opsy en met dié dat ek myne so in die garage gaan parkeer, sê ek vir die versorger dat ek dan self die tas gaan pak. Soos ek die huisie instap, kamer se kant toe, hoor ek 'n uitroep wat die rooi ligte in my kop aanskakel. Ek draai om, net om te sien hoe die versorger my benader met 'n langlem mes. Ek dink dit is amper soos die swaarde van die ou Kaapse Kavaliere, want sy flits mes voor my verby en ek sien hoe groet ek my naasbestaandes.

So in die aanskyn van gevaar, glip ek verby en stap deur se kant toe, doelgerig na veiligheid. So met die uitstap hoor ek die versorger wat die mes gevaarte op die kombuistafel neersit. Waar mens die moed kry, weet ek nie, maar ek draai om, vat die mes en kondig met 'n kwaai stem aan dat ek en mes nou reguit polisie stasie toe ry...

So met die wegstap en mes stewig in my hand, hoor ek die versorger se benoude stemmetjie: “Juffie, Juffie, bring terug my mes, dit is my enigste broodmes...”



it's all about the taste!



# HIKING FOR HOPE

Every step makes a difference

**Hiking for Hope Challenge:** A purpose-driven hike bringing together Huis Maerua staff and teenagers.

**May: Boys hike in Naukluft Park.**

**August: Girls hike in Fish River Canyon.**

**More than a hike:** Raises awareness and funds for the care, protection, and development of vulnerable children.

**Each step matters:** Symbolises the courage, resilience, and support our children need every day.

**Youth-led impact:** Teenagers build leadership, confidence, and become active voices for change.

**Real impact:** Funds support safety, education, nutritious meals, emotional care, and growth opportunities.

**Community awareness:** Promotes shared responsibility for child protection.

## HOW YOU CAN SUPPORT

**Sponsor logistics:** Transport, safety gear, water, meals, and trail costs.

**Sponsor per kilometre:** Turn every step into direct support for children.

**Spread the word:** Share the challenge and help grow community support.



# HIKING FOR HOPE

EVERY STEP BRINGS HOPE. EVERY JOURNEY CHANGES LIVES.

MAKE YOUR BRAND PART OF A CHILD'S STORY FOR JUST N\$200 PER MONTH, YOUR BUSINESS CAN BE FEATURED IN OUR MONTHLY NEWSLETTER.

YOUR ADVERTISEMENT BECOMES MORE THAN VISIBILITY; IT BECOMES HOPE, NOURISHMENT, EDUCATION, AND OPPORTUNITY FOR VULNERABLE NAMIBIAN CHILDREN.

BY PARTNERING WITH HUIS MAERUA CHILDREN'S HOME, YOU SHOW YOUR CUSTOMERS THAT YOUR BRAND BELIEVES IN COMPASSION, COMMUNITY, AND SECOND CHANCES.

SMALL MONTHLY SUPPORT.  
REAL, LASTING IMPACT.  
LIVES CHANGED—ONE CHILD AT A TIME.

📧 contact Suann at [admin@huismaerua.org](mailto:admin@huismaerua.org) to partner with us today.



## BEHOEFTES VIR FEBRUARIE 2026:

1. Toiletpapier
2. Swartsakke
3. Wasgoed seep & Sta'Soft
4. Skottelgoedseep
5. Blikkies kos
6. Sfoonmaakmiddels
7. Doom / Mortein
8. Vries sakkies