

HUIS MAERUA NEWSLETTER

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HIKING FOR HOPE

STEP BY STEP TOWARD HEALING

At Huis Maerua Children's Home, healing is not just something we speak about — it is something we intentionally create. Hiking for Hope is more than a hike. It is a journey of restoration, resilience, and renewed confidence. It is where broken stories begin to rediscover strength.

UPCOMING HIKES

6 – 13 May

Our boys will take on an 8-day hike in the Naukluft Park, pushing their limits and building endurance, teamwork, and self-belief.

22 – 27 August

Our girls will journey through the breathtaking Fish River Canyon, embracing courage, connection, and personal growth over six unforgettable days.

This project is more than a fundraising initiative. It shines a light on the intentional therapeutic work being done daily at Huis Maerua — and on the dedicated staff who walk alongside our children to help heal broken hearts, restore dignity, and rebuild hope.

HOW YOU CAN GET INVOLVED

- Sponsor a child's participation (transport, meals, gear, safety support, or per kilometre walked)
- Become a corporate partner through a financial contribution
- Donate hiking gear or refreshments
- Make a once-off or monthly donation

Every contribution helps us turn a simple hike into a life-changing journey. Every step taken is a step toward healing.

If you would like to be part of Hiking for Hope, please contact us:
083 332 5030
admin@huismaerua.org

LIEFDE IN AKSIE

HOE LYK LIEFDE IN 'N KINDERHUIS?

By Huis Maerua Kinderhuis lyk liefde dalk anders as wat mens dit tradisioneel voorstel — maar dit is tasbaar, sigbaar en lewensveranderend. Liefde in 'n kinderhuis is nie net 'n gevoel nie; dit is 'n daaglikse keuse.

Liefde in 'n kinderhuis is nie net drukkies en mooi woorde nie. Dit is konsekwentheid. Dit is opdaag — elke dag. Dit is 'n bord warm kos op die tafel, skoon klere in 'n kas, hulp met huiswerk na 'n lang skooldag, en iemand wat luister wanneer 'n hart swaar is.



Vir kinders wat trauma, verwerping of verlies beleef het, beteken liefde veiligheid. Dit beteken 'n plek waar jy nie hoef te wonder of jy môre nog daar sal wees nie. Dit beteken volwassenes wat grense stel omdat hulle omgee, wat geduldig bly wanneer gedrag uitdagend is, en wat bly glo in 'n kind se potensiaal — selfs wanneer daardie kind dit nie self kan sien nie.

Liefde in aksie is: 'n Versorger wat saans by 'n bed sit totdat 'n bang kind aan die slaap raak. Ekstra akademiese ondersteuning sodat 'n kind weer selfvertroue kan kry. Mediese sorg wanneer dit nodig is. Buitemuurse aktiwiteite wat



help om talente te ontdek en selfwaarde te bou. Opleiding vir personeel sodat elke kind met begrip en professionele sorg hanteer word.

Liefde beteken ook gemeenskap. Dit beteken mense wat finansiële bydrae, wat bid, wat tyd gee, wat borgskappe moontlik maak. Elke bydrae — groot of klein — word deel van 'n groter storie van herstel en hoop.

Wanneer jy vir 'n kinderhuis gee, gee jy nie net geld nie. Jy gee stabiliteit. Jy gee veiligheid. Jy gee geleenthede. Jy gee 'n kind die kans om weer te glo dat hy of sy waardevol is.

Dit is liefde in aksie by Huis Maerua Kinderhuis.



THE VALUE OF CORPORATE PARTNERSHIP

At Huis Maerua Children's Home, we believe that sustainable change happens through strong partnerships. Corporate partnerships are not simply financial contributions — they are strategic investments in the growth, development, and future of vulnerable children.

Children who enter our care often come from backgrounds marked by instability and trauma. What they need most is consistency — consistent care, consistent schooling, consistent support.

When a company commits to structured monthly or annual support, it allows us to plan responsibly, expand programmes, and ensure that no child's needs go unmet due to funding uncertainty:

Academic success through school fees, tutoring, and learning resources.

Emotional healing through therapeutic programmes and trained caregivers.

Physical well-being through proper nutrition and medical care.

Confidence and life skills through sport, culture, and leadership activities.

These are not short-term interventions.

They shape the long-term trajectory of a child's life.

Every child at Huis Maerua has potential — potential to become a teacher, entrepreneur, artisan, healthcare worker, or community leader. Corporate partnerships help unlock that potential by providing access to opportunity. By investing in a child today, businesses are helping build Namibia's future workforce and responsible citizens of tomorrow.

Corporate partnerships also offer companies the opportunity to align their brand with measurable social impact. Through transparent reporting and collaboration, partners can see the direct results of their investment — not only in financial accountability, but in changed lives.

A partnership with Huis Maerua is more than corporate social responsibility. It is a commitment to restoration, dignity, and hope. Together, we can create a future where every child in our care has the opportunity to grow, thrive, and step confidently into adulthood.





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FOCUS ON TODAY. WE'LL SECURE YOUR TOMORROW.



Huis Maerua Kinderhuis bied 'n veilige, koesterende tuiste vir kwesbare kinders in Namibië. Ons bied sorg, beskerming, opvoedkundige ondersteuning en emosionele genesing.

Hierdie waardevolle werk kan nie voortgaan sonder die ondersteuning van die Namibiese gemeenskap en besighede nie.

Maak 'n verskil in die lewe van 'n kwesbare Namibiese kind — kontak ons kantoor by 083 332 5030 of admin@huismaerua.org

A JOURNEY OF RESTORATION

A MOTHER AND DAUGHTER REUNITED

For a long time, the words *social worker* terrified me. I thought they meant judgment and loss. I never imagined they would come to mean healing, restoration, and the mending of a broken relationship with my daughter.

When my child was placed in care at Huis Maerua Children's Home, I felt like I had failed. But instead of giving up on me, the team walked a journey of reconstruction with us. They saw not just my mistakes, but my love as a mother. Through their care, guidance, and commitment, they helped me grow, rebuild trust, and become the mother my little girl deserves.

The process was not easy. It took honesty, patience, and hard work. But today I can say with gratitude: I have my daughter back, and we have our family back.

Social workers are not there to destroy families. They are there to protect children and restore relationships wherever possible. If you are willing to work together and trust the process, healing can happen.

My daughter and I are living proof of the restoration that happens at Huis Maerua Children's Home...

WINDHOEK CHILD PROTECTION ASSOCIATION

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